

MAY 21 2011

Transaction ID 3348719

Submitted Date 2011-05-21

Processed Claim Number



Workers' Compensation Board Alberta

P.O. BOX 2415 EDMONTON AB T5J 2S5 Fax: (780) 427-5863 1-800-661-1993

CHIROPRACTOR'S FIRST REPORT

WCB Claim Number	Time Loss? No	Clinic Reference Number	
Date of Accident 2011-05-14	Does the worker have an Alberta PHN? Yes		Personal Health Number 17935-4590
Worker Last Name Harms	Worker First Name Joseph	Worker Middle Name	Worker Date of Birth 1972-01-30
Worker's Address 4816-53st Athabasca Alberta T9S1K6		Worker's Telephone Number Area Code 780 Number 675-5157	

Worker Job Title/Occupation Driller	N.O.C. Code 8232
Employer/Employer Address Chandos 6720-104 Street Edmonton Alberta	Employer's Telephone Number Area Code Number Extension

Who rendered first treatment? Dr. Kurt Deutscher	Type of Facility Your Clinic	Date of First Treatment 2011-05-20
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Treatment Provider K J DEUTSCHER	Billing Number B2B90701
Clinic/Clinic Address KURT DEUTSCHER PROF CORP 1 4907 51 STREET ATHABASCA AB T9S1E7	Treatment Provider's Telephone Number Area Code 780 Number 675-4030

Report Completion Date 2011-05-20	Date of Examination 2011-05-20
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Describe worker's work related injury (how and where)
While trying to maneuver a sheet of plywood in strong winds, he was violently twisted and developed immediate lower back pain. No previous history. Patient has seen Dr. Michael Smith in Athabasca was given Tylenol. Patient was quite upset with just Tylenol, because has been self-medicating with alcohol because of the pain being so bad.

Worker's Complaints (Nature and Site of Symptoms)
Severe lower back pain but some left leg symptoms including tingling in the lower leg and left foot. Expresses thunderbolt type pain from his back to his head.



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Has the worker had a similar problem previously?

No

Objective Findings

Range of motion of lumbar spine is decreased in all ranges. In flexion by 30%; in extension by 80%; and left lateral flexion by 80% in right lateral flexion by 30%. Truncal rotation is reduced by 50% all related to pain in the L5S1 region. Muscle spasm and vertebral pain between L4 and S1. Reflexes normal. Foot strength normal. Balance below normal. Straight leg raise test on the right 55° with leg pain; straight leg raise test on the left 58° with pain and left hip.

Diagnosis

Lumbar disc tear

Diagnostic Codes

722.1 - Displacement of thor. or lumb. IV disc without myelopathy

Part of Body

BACK, INCLUDING SPINE, SPINAL CORD, UNS

Side of Body**Nature of Injury**

TRAUMATIC INJURIES AND DISORDERS, UNS

X-Rays

Yes

X-Ray Date

2011-05-17

X-Ray Type

AP/lateral lumbar spine

X-Ray Facility

Athabasca Hospital

X-Ray Interpretation

Not available at this moment. Sill review on Tuesday, May 24 and report if outside of normal.

Specific Critical Job Requirements

Lift greater than 50 pounds
frequent bending

Status

Unable to lift greater than 20 pounds from waist height, and frequent bending not advised, nor sitting for prolonged periods

Treatment Plan

Spinal manual therapy with lumbar bracing icing and avoidance of aggravating posture such as sitting

Frequency and Duration

Daily for one week then decreasing

Any complicating factors affecting recovery?

Yes - Full extent of the lumbar disc tear will not be known for a few days, and the use of alcohol may be a complicator

Surgery

No

Actual or Estimated Date of Surgery**Evidence of relevant pre-existing conditions?**

No

Treatment Complete

No

Employment Status at Discharge

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Work Restrictions Yes - Work standing and lifting less than 20 pounds from waist height site	
If yes, choose: Temporary	If temporary, how long? 4 to 6 weeks
Is the injury preventing the worker from performing date of accident work? Yes	Estimated Date of Return to Date of Accident Work 2011-07-07
Was the worker working at time of first exam? Yes - Alternate Duties	If not working, does the worker have a job to return to?
Is modified or alternate work available? Yes	Can modified or alternate work be performed? Yes - Light
Job Requirements Heavy	Job requirements confirmed by: None
Explanation (if job requirements were not confirmed) Patient/doctor communication	
Any other relevant comments or observations? Dependent upon improvement over the next few days, an MRI might be advisable as a plan. I will let you know. Should that requirement occur. Patient has resorted to using alcohol as a painkiller, and has been advised otherwise. However, this may result in discontinuation of treatment.	

